San Diego State University  
Department of Exercise and Nutritional Sciences  
Intermediate Tennis 296, Section 01  
1.0 Unit  
Spring 2017  
Tennis Courts  
Thursdays 9:00am-10:40am  

Instructor: Spencer Brady  
Spencer.brady@aol.com  
619-228-5043  
Office Hours: 10:45-12:00  

Course Prerequisites  
Students are recommended to have taken the ENS Beginning Tennis course prior to enrollment or comparable tennis experience is also accepted. Students are recommended to have 6 months-2 years of tennis experience prior to taking the ENS Intermediate Tennis Course.  

Course Registration Process and Registration Fee Payment:  

- Registration for the ENS credit class is completed on SDSU WebPortal (see more information under Student Add Policy for WebPortal).  
- Courses located in Aztec Recreation Center (ARC), ARC Express, Aquaplex and Tennis Courts require an Aztec Recreation membership that may be purchased in person at each location during operating hours. Refer to class description at arc.sdsu.edu/ensclasses or your instructor to confirm membership requirement.  
- The course registration fee payment is required for all registered students taking for credit or non-credit (if applicable).  
- Course registration fee payment must be made within one week after the student drop date through Aztec Recreation (AR) at the Aztec Recreation Center, Aztec Aquaplex, Aztec Lanes, ARC Express or online at arc.sdsu.edu. The registration fee may ONLY be paid through one of these AR locations or website. It is NOT included with university billing for tuition and lab fees and it is NOT processed through financial aid payments.  
- Students that have not paid fee directly to Aztec Recreation by the deadline will not be permitted to continue participation until payment is made. Please provide copy of your receipt to instructor to verify payment.  
- A student’s space in class is not guaranteed until registration fee and membership (if applicable) are paid.
Important Dates to Remember:
1/18/17 First Day of Classes
1/31/17 Student Add/Drop Deadline
2/7/17 Deadline to pay registration fee at Aztec Recreation or arc.sdsu.edu
3/27-31 Spring Break – No Class

Course Materials
Course participants are required to have appropriate non-marking athletic shoes and wear athletic attire to class. Shorts with pockets are strongly recommended. Street clothes, jeans, sandals or shoes that will damage the courts are not acceptable. Additionally, students are required to check Blackboard regularly (weekly at a minimum) for class updates and assignments. Students can check out tennis rackets and tennis balls at the Aquaplex front desk. However, students are allowed to provide their own equipment.

Purpose
The purpose of the ENS Intermediate Tennis course is to provide students with a safe, instructor led environment to review and introduce new tennis skills in a group setting. Through course lectures, demonstrations, drills, and match play, students will gain a better understanding of how to independently approach tennis as a fitness activity. The ENS Intermediate Tennis course supports the mission of the SDSU school of Exercise and Nutritional Science by providing students with the environment and instruction to promote health and fitness through the sport of tennis at the SDSU tennis courts.

Course Description
The ENS 296 Intermediate Tennis course is designed to provide students with a continuation of basic skills and knowledge necessary to play tennis. Class sessions are devoted to enhancing individual skills and strategy, combined with various techniques to become a successful tennis player. Students will continue to demonstrate an understanding of tennis rules and scoring through drills and match play.

Learning Outcomes
By the end of the semester, the student should be able to demonstrate the following skills and knowledge through in-class demonstration and examination:

1) Demonstrate progress with the fundamentals of tennis through accuracy and efficiency of the following skills: serving, forehand, backhand, volley, lob and overhead.
2) Demonstrate an increased understanding of tennis rules, strategies and etiquette.
3) Demonstrate knowledge of strategies and play the game of singles and doubles at an intermediate level.
4) Demonstrate progress in exhibiting speed, coordination, and endurance to the degree of an intermediate tennis player.
5) Demonstrate knowledge of intermediate tennis terminology.
6) Evaluate and correct errors in intermediate tennis technique and execution.

School of ENS/Aztec Recreation Learning Goals and Objectives

1) Demonstrate a positive change in personal fitness and wellness.
2) Demonstrate skills and knowledge necessary to participate in the course-specific activity.
3) Demonstrate an understanding of the course-specific activity as it relates to health for overall wellness and student success.

Assessment & Grading

This is a class designed heavily on individual participation. Assignments and exams have been structured to the following:

<table>
<thead>
<tr>
<th>Assignment/Exam</th>
<th>Details</th>
<th>Learning Outcomes Assessed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Midterm assignment</td>
<td>In-person skills assessment</td>
<td>Course: 1, 2, 3, 4, 6</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Dept: 1, 2</td>
</tr>
<tr>
<td>Written exam</td>
<td>Written Assignment</td>
<td>Course: 1, 2, 3, 5</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Dept: 2, 3</td>
</tr>
<tr>
<td>Final Practical</td>
<td>In-person skills assessment</td>
<td>Course: 1, 2, 3, 4, 6</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Dept: 1, 2</td>
</tr>
</tbody>
</table>

Make-up opportunities for participation points may be available during the semester by attending open-recreation tennis for a similar class time or by other assignments provided by the instructor.

Grading Criteria:

The semester includes 14 scheduled class meetings with the class equaling to 240 points. Participation is based off of attendance and involvement in the class on a weekly basis.

<table>
<thead>
<tr>
<th>Evaluation Areas</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily Participation</td>
<td>140 points</td>
</tr>
<tr>
<td>Midterm practical</td>
<td>30 points</td>
</tr>
<tr>
<td>Written test</td>
<td>20 points</td>
</tr>
<tr>
<td>Final practical</td>
<td>50 points</td>
</tr>
<tr>
<td>Total</td>
<td>240 points</td>
</tr>
</tbody>
</table>
Grading Scale:

- 90-100%  A
- 80-89%   B
- 70-79%   C or Credit
- 60-69%   D or No Credit
- <60%     F or No Credit

Incomplete (I): If portion of the coursework has not been completed and evaluated due to unforeseen, but fully justified reasons, there is a possibility of earning credit. This grading option will be used when a student is unable to complete practical requirements for the course due to illness, injury, or emergency situation. The missed assignments will typically be made up in the following semester but no later than one calendar year immediately following the end of the term in which the incomplete grade is assigned.

Withdrawal Unauthorized (WU): This indicates you enrolled in the course, did not withdraw from the course but failed to complete the requirements. It is typically used when a student stops coming to class and therefore misses a significant number of assignments, course activities, or both.

**Expectations and Class Policies**

**Daily Participation:**

This class is designed to provide students with a mix of theoretical concepts and practical experience. You will be expected to participate in each day’s activities since the best way for you to develop practical knowledge is to experience the movements. Your participation is critical and each day of class participation is equal to ten (10) points. Ten (10) points will be deducted for each class absence or lack of adherence to the following policies listed below.

Participation points may be deducted if the following are not adhered to:

- Wear proper attire (active wear allowing freedom of movement, socks and closed toed non-marking athletic shoes)
- Be on time for class and stay for the entire class
- Be physically engaged in activity demonstrating sincere effort for all tasks
- Demonstrate respectful behavior at all times and be supportive of your classmates
- Cell phones must be turned off and put away during class
- No food or beverages other than water in closed container
- Students must obtain permission to record a class lecture or discussion. Without prior permission the student may be reported for misconduct.

**Absence Policy:**

- Attendance is required every class period.
- Students will be given one unexcused absence for class that meets 1 time/week without being penalized and does not need to be made up.
• If a student misses more than maximum unexcused absence(s), they will need to complete a make-up or bonus assignment, if available, from the instructor to make up points.
• Absences due to illness, which is documented by the University Health Center or from a personal physician, will not be penalized and these absences will be considered excused. If you are sick (contagious, running a fever) or you have injured yourself (rolled your ankle, twisted your knee) and are unable to attend but have not gone to the doctor, you need to contact the instructor to confirm an excused absence. Instructor may require documentation. Students should notify the instructor of any injury or long-term medical condition as soon as possible.
• Students need to notify the instructor regarding absences that will occur during the semester due to religious observances or university sponsored activities. Students will not be penalized for these absences and they will be excused if instructor is notified in advance.
• If you know you have a demanding schedule and are likely to have a spotty attendance record for this class, please consider taking the class for credit/no credit grading or for non-credit (if applicable).

Assignments:
• All assignments are due in class on designated submission date given in syllabus or by instructor.
• Failure to submit assignments on time will result in a daily penalty of 10% with no credit awarded for the assignment after one week past due unless previously arranged.
• Complete all work independently unless it is a group assigned project.

Other Policies:
• All students in credit classes are expected to adhere to university and Aztec Recreation policies and conduct standards.
• If student is injured during class, immediate notification of instructor is required.

Student Add Policy for WebPortal
• Students can register for open course sections from their registration assignment time through the fifth day of classes.
• If a course selection is full, students can join the wait list for a course section on their registration date and time through the tenth day of classes.
• Students must join the wait list for all course sections beginning on the sixth day of classes through the tenth day of classes even if there are available seats.
• Faculty/Instructors must add seats to their course sections in order for students to be added from the wait list.
• Course Registration fee payment is required to participate in this course and must be made directly to Aztec Recreation after registration completed in WebPortal and before fee deadline one week after student drop date.

Deferred Action for Childhood Arrivals (DACA)
All students with questions or concerns regarding DACA are encouraged to see the College of Health and Human Services Assistant Dean for Student Affairs, Jessica Robinson (jmrobinson@sdsu.edu).
Concerns Regarding Classroom Activity, Grades, or other Student Affair Matters

Though students have the option of contacting the San Diego State University Ombudsman or the Assistant Dean for Student Affairs at any time regarding classroom activity, grades, or other student affairs matters, students are encouraged to meet with their professor first to discuss the situation. If the issue is not resolved at this level, the student should contact their undergraduate advisor. If the problem is not resolved at this level, contact should be made to their school director, and finally their Assistant Dean for Student Affairs.

Students with Disabilities

If you are a student with a disability and believe you will need accommodations for this class, it is your responsibility to contact Student Disability Services at (619) 594-6473. To avoid any delaying the receipt of your accommodations, you should contact Student Disability Services as soon as possible. Please note that accommodations are not retroactive, and that accommodations based upon disability cannot be provided until you have presented your instructor with an accommodation letter from Student Disability Services. Your cooperation is appreciated.

Nondiscrimination Policy

- San Diego State University complies with the requirements of Title VI and Title VII of the Civil Rights Act of 1964, as well as other applicable federal and state laws prohibiting discrimination. No person shall, on the basis of race, color, or national origin be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination in any program of the California State University
- SDSU does not discriminate on the basis of disability in admission or access to, or treatment or employment in, its programs and activities. Students should direct inquiries concerning San Diego State University’s compliance with all relevant disability laws to the Director of Student Disability Services (SDS), Calpulli Center, Room 3101, San Diego State University, San Diego, CA 92128 or call 619-594-6473 (TDD: 619-594-2929).
- SDSU does not discriminate on the basis of sex, gender, or sexual orientation in the educational programs or activities it conducts. More detail on SDSU’s Nondiscrimination Policy can be found in the SDSU General Catalog, University Policies. Students should direct FERPA, Title IX, Discrimination, Harassment or any other protected categories inquiries and concerns to the office of Employee Relations and Compliance, phone number is 619-594-6464 and their website is http://oerc.sdsu.edu/

Academic Integrity

The University adheres to a strict policy regarding cheating and plagiarism. Students are expected to maintain the highest standards of academic honesty and respect. According to SDSU’s Center for Student Rights and Responsibilities, students may be expelled, suspended, or put on probation for academic dishonesty. In addition to a University review of the incident(s), the School of Exercise and Nutritional Sciences may also take disciplinary action which, depending on the severity of the
incident, could result in one or all of the following sanctions: a grade of "F" on the assignment in question, dropping of one letter grade from your final grade in the class, or, for multiple or severe incidents, a grade of "F" in the class. You may receive an incomplete in a class, which will be removed once the investigation of the incident has been completed.

Cheating shall be defined as the act of obtaining or attempting to obtain credit for academic work by the use of dishonest, deceptive, or fraudulent means. Examples of cheating include, but are not limited to (a) copying, in part or in whole, from another’s test or other examination; (b) discussing answers or ideas relating to the answers on a test or other examination without the permission of the instructor; (c) obtaining copies of a test, an examination, or other course material without the permission of the instructor; (d) using notes, cheat sheets, or other devices considered inappropriate under the prescribed testing condition; (e) collaborating with another or others in work to be presented without the permission of the instructor; (f) falsifying records, laboratory work, or other course data; (g) submitting work previously presented in another course, if contrary to the rules of the course; (h) altering or interfering with the grading procedures; (i) plagiarizing, as defined below; and (j) knowingly and intentionally assisting another student in any of the above.

Plagiarism shall be defined as the act of incorporating ideas, words, or specific substance of another, whether purchased, borrowed, or otherwise obtained, and submitting same to the University as one’s own work to fulfill academic requirements without giving credit to the appropriate source. Plagiarism shall include but not be limited to (a) submitting work, either in part or in whole, completed by another; (b) omitting footnotes for ideas, statements, facts, or conclusions that belong to another; (c) omitting quotation marks when quoting directly from another, whether it be a paragraph, sentence, or part thereof; (d) close and lengthy paraphrasing of the writings of another; (e) submitting another person’s artistic works, such as musical compositions, photographs, paintings, drawings, or sculptures; and (f) submitting as one’s own work papers purchased from research companies.

If you have questions on what is plagiarism, please consult the policy.

Disclaimer
Every effort will be made to follow the syllabus content and schedule; however, if circumstances dictate there may be modifications necessary during the semester. If such is the case the professor will make every effort to notify students in a timely manner.

Course Outline
The following course outline is a tentative schedule. Items are subject to change during the semester for inclement weather or other reasons as determined by the course instructor.

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
<th>Class Meeting</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Introduction to Tennis</td>
<td>Classroom/ Tennis Courts</td>
</tr>
<tr>
<td>2</td>
<td>Stroke of the week: Forehand</td>
<td>Tennis Courts</td>
</tr>
<tr>
<td></td>
<td>Stroke of the week: Backhand</td>
<td>Tennis Court</td>
</tr>
<tr>
<td>---</td>
<td>-------------------------------</td>
<td>-------------</td>
</tr>
<tr>
<td>4</td>
<td>Stroke of the week: Serve</td>
<td>Tennis Courts</td>
</tr>
<tr>
<td>5</td>
<td>Stroke of the week: Forehand Vol.</td>
<td>Tennis Courts</td>
</tr>
<tr>
<td>6</td>
<td>Stroke of the week: Backhand Vol.</td>
<td>Tennis Courts</td>
</tr>
<tr>
<td>7</td>
<td>Stroke of the week: Approach Shot</td>
<td>Tennis Courts</td>
</tr>
<tr>
<td>8</td>
<td>Midterm Practical/Written Exam</td>
<td>Classroom/ Tennis Courts</td>
</tr>
<tr>
<td>9</td>
<td>Stroke of the week: Overhead</td>
<td>Tennis Courts</td>
</tr>
<tr>
<td>10</td>
<td>Stroke of the week: Drop Shot</td>
<td>Tennis Courts</td>
</tr>
<tr>
<td>11</td>
<td>Stroke of the week: Lob &amp; Footwork</td>
<td>Tennis Courts</td>
</tr>
<tr>
<td>12</td>
<td>Stroke of the week: Singles &amp; Doubles Strategy</td>
<td>Tennis Courts</td>
</tr>
<tr>
<td>13</td>
<td>Lines Rules Etiquette Observation</td>
<td>Tennis Courts</td>
</tr>
<tr>
<td>14</td>
<td>Scoring and Match play Observation</td>
<td>Tennis Courts</td>
</tr>
</tbody>
</table>