CATALOGUE
for 1907-08 and
Circular of Information for 1908-09

State Normal School
San Diego, California

FIRST TERM
Begins September 14, 1908
SECOND TERM
Begins February 1, 1909
STATE NORMAL SCHOOL
OF
SAN DIEGO, CALIFORNIA

Circular of Information
AND
Announcements
FOR 1908-1909.

CATALOGUE FOR 1907-1908

SACRAMENTO
W. W. SHANNON, . . . . . . Superintendent of State Printing
1908
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CALENDAR FOR 1908-1909.

FIRST SEMESTER.

Training School conferences begin - Thursday, September 10, 1908
General faculty meeting - Saturday, September 12, 1908
Admission and general registration - Monday, September 14, 1908
Training School opens - Tuesday, September 15, 1908
Class registration -
Thanksgiving recess begins at noon - Wednesday, November 25, 1908
School reopens - Monday, November 30, 1908
Holiday recess begins evening of - Wednesday, December 23, 1908
School reopens - Tuesday, January 5, 1909
Semester closes - Friday, January 29, 1909

SECOND SEMESTER.

Admission and general registration - Monday, February 1, 1909
Class work begins - Tuesday, February 2, 1909
Spring recess begins evening of - Friday, April 2, 1909
School reopens - Monday, April 12, 1909
Dedication day - Friday, April 30, 1909
Commencement - Thursday, June 17, 1909
BOARD OF TRUSTEES.

HON. JAMES N. GILLETT, - Governor
Ex Officio.

HON. EDWARD HYATT, - Superintendent of Public Instruction
Ex Officio.

ISIDORE B. DOCKWEILER, - Los Angeles

HON. M. L. WARD, - San Diego

CHARLES C. CHAPMAN, - Fullerton

DR. JOHN W. STEARNS, - San Diego

JOHN S. AKERMAN, - San Diego

OFFICERS OF THE BOARD.

HON. M. L. WARD, - President

DR. JOHN W. STEARNS, - Vice-President

HELEN DALE, - Secretary

EXECUTIVE COMMITTEE.

HON. M. L. WARD, DR. JOHN W. STEARNS,

JOHN S. AKERMAN.
S. CHAUN, T. BLACK, PRESIDENT,  School Administration.
Teacher in rural schools of California, 1858-1893; Principal town and city schools, 1890-1898; admitted an attorney and connector-at-law in the Supreme Court of California, 1879; Principal Ventura High School, 1894-1897; County Superintendent Ventura County, 1891-1895; State Superintendent of Public Instruction, 1895-1898. (Appointed September, 1898.)

EMMA F. WAY, PRINCIPAL,  Reading and Preparatory Latin.
Grand River Institute, Ohio.
Principal Grammar School, Liberty, Ohio, 1875-1877; Preceptress Grand River Institute, 1877-1878; Instructor in Mathematics, Warren High School, Ohio, 1884-1886; student Oberlin and University of California, 1886-1887; Principal Southwest Institute, San Diego, 187-1899. (Appointed October, 1895.)

ALICE EDWARDS PRATT, REGISTRAR,  English.
Ph.B., Univ. Cal.; Ph.D., Chicago.
Assistant Principal, Santa Rosa Seminary, 1883-1886; graduate student and Fellow, University of Chicago, 1892-1897; critic in English, Yassar College, 1897-1898. (Appointed October, 1898.)

EDITH McLEOD,  Principal Training School and Supervising Teacher Grammar Grades.
State Normal School, Mass., Graduate Teachers' College, Columbia.
Teacher grammar schools of Massachusetts, Wyoming, and California, 1877-1900; Principal of City Grammar School, San Diego, 1890-1899. (Appointed July, 1899.)

ELIZABETH ROGERS, Supervising Teacher Primary Grades.
State Normal School, Albany, N.Y.
Principal primary department training school State Normal School, Chico, California, 1900-1900. (Appointed July, 1900.)

J. F. WEST,  Mathematics.
A.B., Stanford; Graduate student, Harvard.
Teacher rural schools of Illinois, 1886-1889; Principal Compton schools, California, 1888-1893; Principal Pass Robles High School, 1893-1896. (Appointed July, 1900.)

W. F. BRIGGS,  History and Civics.
B.S., Mount Union; B.L., Univ. Cal.
Teacher and principal rural and village schools, Pennsylvania and Ohio, 1878-1895; Vice-Principal Beaver High School, Pennsylvania, 1895-1895; Superintendent city schools, Rochester, N.Y, 1895-1897; Supervising Principal, Collon, Cal, 1897-1900; Vice-Principal and Instructor in History, High School, Santa Barbara, Cal., 1899-1900. (Appointed September, 1900.)

W. T. SKILLING,  Physical Sciences.
State Normal School, Los Angeles, Cal., M.S., Univ., Cal.
Teacher in public schools, Los Angeles, Cal., several years; Assistant in Physics, University of California, 1899-1901. (Appointed September, 1901.)

ANNA H. BILLINGS,  English.
B.L., Smith College; Ph.D., Yale University.
Instructor, Smith Academy, Mass., 1884-1889; Instructor in English, University of Southern California, 1892-1904; Instructor, Latin and German, High School, Riverside, Cal., 1894-1895; Instructor in English, High School, Redlands, Cal., 1898-1899; Instructor in English and German, High School, Long Beach, Cal., 1902-1903; Substitute in English, State Normal School, San Diego, Cal., 1904-1905. (Appointed July, 1905.)
PROFESSIONAL COURSE.

JUNIOR YEAR.

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<td>Music I</td>
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<td>Physical Education I</td>
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SENIOR YEAR.

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Twenty minutes of chorus practice daily throughout the entire course. The Arabic numerals denote the number of recitations per week. Recitations last forty-five minutes, with intervals of five minutes.
REQUIREMENTS FOR ADMISSION.

Candidates for admission must be at least sixteen years of age, of good moral character, and physically healthy.

All applicants for admission must sign the following declaration:

I hereby declare that my purpose in seeking admission to the State Normal School of San Diego is to fit myself for teaching, and that I intend to teach in the public schools of California, or of the State or Territory in which I may reside.

Applicants will be admitted as follows:

(a) Recommended graduates of accredited secondary schools of California.

(b) Graduates of secondary schools outside of California; provided, their credentials are the equivalent of recommended graduation from a California secondary school.

(c) Applicants partially recommended, and graduates of non-accredited high schools, will be admitted conditioned upon making up deficiencies, either by examination or by class work, at the option of the department concerned.

(d) Applicants presenting credentials from institutions of the college grade will be assigned to such advanced standing as, in the judgment of the Committee on Advanced Standing, their credentials may entitle them to; provided, all such students shall be required to spend at least one year in attendance at the Normal School.

ADVANCED STANDING.

Experienced teachers holding the grammar-school or first-grade certificate will be admitted to the Normal School upon presenting such certificate, together with satisfactory letters of recommendation. They will receive such credit as their preparation and successful experience may warrant. On the other hand, they will be required to make up such deficiencies as their work in the school may reveal.

Credits for successful teaching will be given on the following basis:

For 4 or more years .................................. 200 hours
For 2-3 years ........................................ 150 hours
For 1-2 years .......................................... 100 hours
Less than one year of teaching will not be recognized.

One year of teaching will be interpreted to mean not less than eight months.

Students who have graduated from an accredited High School or its equivalent, and who have also had not less than one continuous year of successful experience in teaching will be given a course covering three semesters, and embracing not less than 1,200 hours (including teaching conferences).

Credits obtained in the State Normal Schools of California or other states, or in colleges and universities of recognized standing, will be honored so far as they cover the work of the regular course of study in this school.

The Committee on Advanced Standing (consisting of the President, the Registrar, and the Director of the Training School), in arranging programs for students admitted under the foregoing conditions, will first provide for courses in Education, and then add other branches to complete the required number of hours; such branches will be determined by the committee in conference with the applicant.

GRADUATE COURSES.

Advanced courses in three subjects, Drawing, Manual Training, and Household Arts, are offered to graduates of this or any other reputable Normal School.

The aim of these courses is to prepare special teachers to take charge of these branches in the elementary schools of our towns and cities. It is presumed that only those having interest and ability along these lines will desire to make any one of them a specialty. To such students these courses will offer the opportunity of preparing themselves (a) to supervise the work in Drawing, or Manual Training, or Cooking and Sewing throughout the grades in some one school building in a city which employs a general director of the subject; or (b) to direct the work in the chosen line in all the grades of a smaller city or town.

Students satisfactorily completing any of these courses will be given a certificate of proficiency signed by the proper school authorities.

RECOMMENDATIONS.

All candidates for admission must present one or two letters of recommendation from responsible people—former teachers, where possible. Applicants from other Normal Schools, or schools of equivalent grade, must file with the Registrar honorable dismissal certificates, signed by the proper authorities of the schools or colleges last attended by said applicants. Each honorable dismissal certificate should state the educational record of the applicant.
AIM OF THE SCHOOL.

The main purpose of a Normal School is to prepare suitable persons to teach in the public schools of the State. No one unsuited by natural inclination, ill health, or physical disability, should apply for admission. The Normal School coerce demands of all who enter upon it adequate preparation, native ability, and a willingness to study. Prompt and regular attendance at the daily recitations, satisfactory preparation of assigned lessons, and good health will insure creditable records in the various lines of study and instruction.

EXPENSES.

Students are required to furnish their own text-books. Tuition is free in all departments.

Rooms and board may be had at very reasonable rates. Students not residing at home must consult the Preceptress of the school before securing boarding-places. Letters of inquiry may be addressed to her at the Normal School, where she may be found one week before the opening of the school.

RULES GOVERNING LEAVE OF ABSENCE AND WITHDRAWALS.

1. Students desiring leave of absence for one day only shall make oral application to the Preceptress.
2. Students desiring leave of absence for more than one day shall make their request in writing, and the petition must specify both the length of time and the reason for which such leave is desired. This rule will apply also to students who find it impossible to return on the first school day next succeeding any vacation.
3. When any student shall withdraw from the school without giving proper notice to the President, or, in his absence, to the Preceptress, or shall have been continuously absent for two consecutive weeks without satisfactory explanation, the name of such student will be dropped from the roll, and no record of honorable dismissal will be made.
4. Students whose names have been dropped from the roll shall be reinstated only by a vote of a committee of the Faculty, consisting of the President, the Preceptress, and the Registrar.
CONDITIONS AND FAILURES.

A student conditioned in any subject may arrange with the instructor concerned for such supplementary examinations or study as will make good the deficiency. If such deficiency is not removed by the middle of the succeeding semester, it will become a failure.

PUNCTUALITY.

The only acceptable excuse for absence or tardiness is that of illness or accident. A young person who has acquired the tardy habit should either cure it or give up the idea of teaching.

GOVERNMENT AND DISCIPLINE.

The success or failure of students to govern themselves will be carefully considered by the Faculty in making up their estimate as to preparation for graduation. The management of the school gives to the student the largest possible measure of individual freedom. Abuse of this liberty will be regarded as a serious defect, and may prove disastrous to an otherwise bright and promising young teacher.

RIGHTS OF GRADUATES.

The rights and privileges of graduates of California State Normal Schools are defined in Section 1503 of the Political Code, the principal features of which are as follows:

The Board of Trustees of each State Normal School, upon the recommendation of the Faculty, may issue a diploma of graduation to those pupils who worthily complete the full course of study and training prescribed.

Said diploma shall entitle the holder thereof to a grammar school certificate from any county or city and county board of education in the State.

Whenever any county or city and county board of education shall present to the State Board of Education a recommendation showing that the holder of a California State Normal School diploma has had a successful experience of two years in the public schools of this State subsequent
to the granting of such diploma, the State Board of Education shall grant to the holder thereof a document signed by the President and Secretary of the State Board, showing such fact. The said diploma, accompanied by said document of the State Board attached thereto, shall become a permanent certificate of qualification to teach in any primary or grammar school in the State.

Graduates are admitted to the State University and the Leland Stanford Junior University without examination, and upon the recommendation of the President of the school may receive one year of University credit.

**EQUIPMENT.**

The library contains nearly eight thousand carefully selected volumes, and is supplied with the standard periodicals. The room is bright and cheerful and is furnished with separate chairs and tables for study purposes.

The physics, chemistry, biology, and domestic science laboratories are thoroughly equipped with the most modern apparatus.

The room for drawing and manual training is furnished with eighteen double workbenches and all necessary tools. It is a large room, 50 by 50 feet, with a northern exposure, thus insuring a steady light, and is well supplied with reference books, photographs, casts, and objects for still-life study.

The gymnasium, located in the west wing, is a large room, 36 by 74 feet and 18 feet high. The equipment, intended for the Ling or Swedish system of gymnastics, is ample to meet all the requirements of the courses in physical education.

The entire building is heated throughout by the latest and most approved system of steam heating. The class rooms are all well lighted and are furnished with special tables and revolving chairs in place of the unhygienic school desk so often seen in older Normal Schools. The corridors are all bright and cheerful, being as thoroughly lighted as the class rooms. They, too, are connected with the heating system, and can be kept as warm and comfortable as the class rooms.

In the erection of the building, the Board of Trustees took advantage of the ample grounds, and spread it over considerable space instead of running it up three or four stories to the discomfort of students and teachers. A glance at the cut on the second page shows that the building is but two stories in height.

These improvements place the school in line with the best appointed educational institutions in the country.

**ATHLETICS.**

The school buildings are located on a mesa three hundred and fifty feet above the bay and are surrounded by a campus of sixteen and one half acres, which affords large opportunities for out-of-door sports and games. There are two tennis courts of decomposed granite, and separate courts for basketball and cricket. Tennis is the ever-popular game, while other games come and go with the seasons.

The sports of the students are under the direction of a Faculty committee working in unison with the department of Physical Education.

The Rowing Association, which was formed early in the history of the school, presents the most active phase of student athletics. This association, which consists of six crews, owns a well-equipped eight-oared barge. Each crew has its student officers and its regular day for rowing. The superior officers are a commodore and a business manager chosen from the Faculty.
BRIEF DESCRIPTION OF THE PROFESSIONAL COURSES.

EDUCATION.

Though the aim of the work in "Education" is to make teaching as soon as possible a process in which theory and practice are scarcely to be distinguished, it is considered essential to the mastery of the process that it begin with the aspect called theory. Before engaging in practice the student-teacher should see clearly the end for which practice exists. In keeping with this point of view, the broad problem of education is introduced from one to two terms before actual teaching begins. From this point on the two phases run parallel, the theoretical work centering more and more upon specific questions, to the end that the final result may be an enlightened and intelligent practice.

The theoretical aspects are presented in a course extending through eighty weeks. Effort is directed toward keeping in the student's mind from the beginning the central problem of education, namely, the taking of the child from where he is toward where he ought to be. To this end the usual method of presenting the theory of education under such heads as "Psychology," "Child Study," "School Hygiene," "Pedagogy," "Methods," and "History of Education" is not followed. Selection is made from all those fields of that material only which is pertinent to the problem, and this material is so organized that the student's knowledge is day by day made fuller along three lines—the nature of the child, the end to which he is to be educated, and the means to be employed in the process. The work throughout consists of lectures, selected readings, reports, papers, and class discussions.

Education 1. The course begins with a discussion of the child as a growing organism. The student is introduced to the biological and evolutionary conceptions of the origin of the race, and is accustomed to the fact of growth. In a discussion of the meaning of infancy he is given some conception of the significance of education and is prepared for the next step—a consideration of the factors in growth: heredity and environment. Then follows a study of some special lines of growth and their control: height and weight; movements—instinctive, imita-
tive, voluntary; the nervous system—its structure and functions; the conditions of nervous functioning—exercise and habit, play, fatigue, epochs of growth, etc.; the evolution of the primitive self. This preliminary course concludes with a discussion of the sense organs and the simpler states of consciousness. The aim throughout is to present the child as an organic being, predisposed to grow along lines dictated by physical heredity, but capable of modification by environment. The course leads naturally into the work of the next twenty weeks, which treats of “The Growing Mind.”

3 hours a week for one semester.

Education II. The second part of the course treats of the child, now a psychological person. Along this line are discussed from a genetic point of view, the following topics: “The stream of consciousness,” what the self is, the self-functioning in the conscious process—perceiving, discriminating, imaging, reasoning, judging, willing; conditions and control of the conscious process—attention, association, memory, interest, apperception; the ideally organized individual—the moral man in whom feeling, intellect, and will symmetrically blend in the higher human emotions and pass into effective action.

3 hours a week for one semester.

Education III. The third part of the course treats of the body of culture in its relation to the child, as a psychological person. It presupposes academic work in the several branches of study and aims at an examination of these branches as nutrition for the growing mind. Assuming that education is the gradual adjustment of the educable child to the spiritual possessions of the race, it undertakes the study of these possessions, the body of culture, under the following heads: the scientific inheritance, the literary inheritance, the aesthetic inheritance, the institutional inheritance, the religious inheritance. Concerning each of these great traditions certain broad educational questions are raised, such as its primitive origin and the main features of its history; its significance as an expression of the racial and individual consciousness, its emphasis at the present time, etc. A description of the fairly separable directions within the tradition is attempted, with an estimate whole are characterized as they have been set forth by their great of the social aspects of education is made under such topics as “the institutional inheritance” a study school and the family,” “the school and the industrial order,” “the school and democracy,” “the school and the church.” This general

Education IV. (a) The Elementary Curriculum. An attempt is made here to have the student focus the knowledge gained in the professional courses, the academic courses, and in the Training School, upon the problems presented by the elementary school curriculum, to the end of stating for himself governing principles for the selection of subject-matter, its distribution along the grades, and the methods of its presentation. Each subject is therefore examined with a view to determining its appropriate educational service in a well-balanced curriculum.

(b) School Administration. This comprises a brief survey of the general features of school administration in the United States, comparing it incidentally with that of the leading European countries; a study in detail of the California system of administration, including the powers and duties of the various school boards and school officers, the collection and distribution of school funds in California, the law for certificating teachers, the constitutional and statutory provisions for ethical, intellectual, scientific, and industrial improvement, etc.

(c) Physical Education. This is a brief course designed to give the student-teachers a working knowledge of some of the most important phases of physical education.

The work is carried on by means of lectures, demonstrations, and personal investigations. The required courses of Physical Education I and II form the basis.

Description of course:
2. School and Personal Hygiene.
3. Emergencies.

5 hours a week for one semester.

Teaching I and II. Each student teaches in the Training School during the entire Senior year, one hour per day during the first term and two hours per day during the second.

In order that each student may practice in all subjects of the elementary curriculum, these subjects are classed into six groups. The teaching in each group is supervised by one or more members of the Normal School Faculty. This supervision consists of the directing of the daily teaching by means of lesson plans, model recitations, and individual suggestions, and of instruction in a class composed of all the student-
teachers of the group. This class meets regularly for the discussion of the practical problems connected with the daily recitation, the material to be presented, the mental processes involved in thinking and acquiring the subjects, the educational service of the subjects, and the most effective methods of presentation. The several groups are as follows: (1) Primary Reading, Language, and Number; (2) Grammar Grade Reading, Language, and Arithmetic; (3) Nature Study and Geography; (4) History and Civics; (5) Literature, Interpretative Reading and Composition; (6) Music, Drawing, Manual Training, Sewing, and Cooking. Teaching assignments are so made that each student teaches in primary, intermediate, and upper grades. Credit in "Teaching" is given when the requirements for each group have been fully complied with, and when the student is deemed by the supervisors of the several groups a fit and responsible person to be entrusted with the care of a public school.

Education I, II, III, and IV form a continuous series and must be taken in the order indicated. While taking Education III the student teaches a class one hour per day, and two hours per day while taking Education IV. The teaching and the group classes described above occupy 600 periods. In the Senior year three fifths of the work of the first semester and all of that of the second semester are directly concerned with class-room teaching.

ENGLISH.

(a) Grammar. A review of grammar, based as far as possible upon the text adopted by the State, with especial emphasis upon parsing and sentence structure.

(b) Reading and Phonics. Phonic work, including articulation drill, and study of English sounds and of the action of the organs in formation of various type-selections. Discussion of methods to be used in the teaching of reading. 5 hours a week for one semester.

TEXT—Grammar, State series.
Clark: How to teach reading.
Kimball: The English sentence.

LITERATURE.

A study of the evolution of English Literature from Anglo-Saxon days to the present time. Lectures, accompanied by wide reading and by class study of typical masterpieces. This subject will be offered in two sections. Students may receive credit for the course by taking either (a) or (b).

(a) From the Beowulf to 1700, with special emphasis upon (1) the beginnings of our literature before the Norman conquest, (2) the work of Chaucer, and (3) the age of Shakespeare.

Offered in the Autumn semester. 3 hours a week.

(b) From 1700 to 1900, with special emphasis upon (1) Pope and the Classical School, (2) Wordsworth and the Romantic school, and (3) the age of Tennyson.

Offered in the Spring semester. 3 hours a week.

HISTORY.

Economic History. This is an advanced course, occupying one semester. The aim is to give students a comprehensive view of the economic development of Europe and America through lectures, assigned readings, and special reports. The course opens with a study of the industries of primitive man, tracing the development of the various industrial stages up to the age of agriculture. At this point the economic phases of feudalism are taken up with particular reference to the land question. The evolution and organization of medieval industries next receive attention, the following topics receiving special treatment: Manorial life; rise of towns; growth of handicrafts; the guild system; the Hansa towns; the banking system; development of commerce, etc. Gradually the scope of the work is confined to the industrial history of England, which is treated quite thoroughly, leading directly to the economic history of the United States. The course closes with a discussion of some of the problems of a social and industrial character which modern society is endeavoring to solve.

Throughout the course an attempt is made to induce students to apprehend the true relations between economic, social, and political development, and to perceive the fact that many political and social theories and institutions rest upon an economic basis.

3 hours a week for one semester.
MATHEMATICS.

Arithmetic. This course is designed to include preparation from the method side as well as a careful review of the more difficult parts, with the aim of bringing out the simplicity and unity of the subject. Following as it does the courses in Algebra and Geometry, it is aimed to give a more comprehensive view of the subject than would be possible without such preparation. The first part of the course is devoted to Primary Number Work, and the remainder of the term to Advanced Arithmetic.

(a) Primary Number Work. This part of the course begins with a series of lectures and illustrative lessons on number work for the third and fourth years of the elementary schools, embracing the forty-five combinations and their application to addition and subtraction; development of the multiplication-division table, and its application to multiplication and division; notation and numeration; a few of the simpler tables of weights and measures considered concretely, together with examples in reduction, addition, subtraction, multiplication, and division involving these tables; the development of the fraction, including the decimal to hundredths, accompanied by many very simple examples illustrative of the principles that underlie nearly all the operations in common and decimal fractions.

(b) Advanced Arithmetic. The immediate purpose of this part of the course is threefold, viz., to review and strengthen previous knowledge, to acquire accuracy of computation, and to lead the student to comprehend the true philosophy of arithmetic by a thorough comprehension of its basic principles and the consequent discovery of identities. It too often happens that the work of students in arithmetic is a mere "juggling with numbers" to secure the "answer," and to avoid this great care is exercised by the department to present the subject in as realistic and forming clear and distinct mental pictures of conditions as they exist. Special emphasis is placed upon the importance of thoroughness and accuracy in the fundamental operations.

4 hours a week for one semester.

TEXT.—New State Arithmetic, supplemented by work from reference books.

PHYSICAL GEOGRAPHY.

This course consists of lectures upon astronomy, study of various kinds and origins of rocks found on the earth's surface, and the development of laws which govern the formations of the various types of physical forms. The idea of the course is to give the student a fundamental knowledge of facts necessary for the teaching of geography.

3 hours a week for one semester.

BIOLOGY.

This course will consist of lectures and demonstrations on the fundamental structures and functions of animal and plant forms. The correlation of the natural laws that are involved in the different functions will be particularly dwelt upon. The intent of the course will be to give those things necessary for the successful teaching of Nature Study.

3 hours a week for one semester.

PHYSIOLOGY.

This course consists of a study of the gross anatomy of the human body and of a series of experiments on the functions of the various organs of the body, supplemented by lectures and assigned reading of the standard authors.

5 hours a week for one semester.

DRAWING AND MANUAL TRAINING.

I. Freehand constructive drawing from type forms.
Freehand perspective in pencil from type forms, still-life and nature. Pencil sketching and water-color from still-life, flowers, fruits, and landscapes from memory.
Home work. Raffia weaving and whittling course suitable for country schools.

5 hours a week for one semester.

II. Short course in mechanical drawing having a direct bearing upon the sloyd course.
Short course in design.
Charcoal from cast and life.
Short course in woodwork. Models will be made which will teach
the use of common tools, and elementary methods of joinery.

5 hours a week for one semester.

Teaching Conferences. One half the time will be given to talks having
direct bearing upon the teaching; the other half will be given to paper
sloyd and clay modeling, story illustrating, and blackboard work.

MUSIC.

I. Elementary theory.
   Pitch of sound.
   Length or duration of sounds.
   Intervals.
   Major scales.
   Rhythm and meter.
   Sight-singing.
   Ear-training.

3 hours a week for one semester.

II. Elementary theory.
   Review of first term.
   Sight-singing continued.
   Ear-training.
   Minor scales.
   Synopsis of harmony.
   History.

3 hours a week for one semester.

PHYSICAL EDUCATION.

The courses in Physical Education are based upon the Swedish system,
although methods and exercises are freely introduced from any system,
as conditions demand. The young women are examined by a special
woman physician and are required to take the gymnastic exercises unless
excused by this physician. A careful record of the physical condition,
measurements, and personal history of each student is kept, which
makes it possible to direct more successfully the activities of the
individual. Any student showing marked defects of posture or carriage
is given private corrective work.
The regular drill consists of formal exercises in which the corrective, educational, and hygienic motives are combined. The apparatus work is so modified as to be only a rational part of the general scheme. Club swinging is given in the advanced classes.

Rhythmic gymnastics, together with folk games, are extensively used, since they add so materially in the gaining of greater poise and a more graceful carriage among girls. Much time is devoted to organized games, which tend to develop alertness and a spirit of comradeship. An attempt is made to arouse a spirit of genuine enthusiasm for games, both for the benefit of the students themselves and as a preparatory step towards the later teaching of games in the elementary schools. Informal talks on hygiene are given according to the special needs of the various classes.

Gymnasium suits are uniform in cut and color, hence students are advised not to have suits made before seeing the Instructor of the department.

3 hours a week for first semester of junior year.
2 hours a week for second semester of junior year.

THE HOUSEHOLD ARTS.

The course is planned to train the student along the lines of homemaking, with special reference to her needs as a teacher.

Dietetics. This part of the course treats of the waste and repair of the body, the proportion and kinds of food required, and the composition of various typical foods.

Theory and Practice of Cooking. General principles controlling the preparation of food for adults and children are learned through practical work in the kitchen. Instruction is given in dish washing, the care of stoves, marketing, and serving, in conjunction with the specific cooking of:

- eggs
- cereals
- salads
- soups
- warmed-over dishes
- soups
- fish
- breads
- desserts
- vegetables
- meats
- beverages
- fruits

The cost of each dish prepared is estimated by students. Menus, emergencies, and school luncheons are discussed.

The economical purchase and preservation of food is considered.

Emphasis is placed upon cleanliness in all matters pertaining to the household.
Sewing. The purpose of the sewing course is to enable the student to make undergarments, aprons, plain skirt waists, dress skirts, and children's clothes. Machines are used in connection with handwork.

Talks are given on public-school sewing, on economic buying, on useful and suitable clothing, on beauty and good taste.

Such details in millinery are taken up as will help students to make their own hats with the least expenditure of time and money, and to select pleasing designs and materials suitable for the occasion and the individual.

Cooking, 5 hours a week for one semester.
Sewing, 3 hours a week for one semester.

BRIEF DESCRIPTION OF GRADUATE COURSES.

DRAWING.

This course consists of:
(1) Advanced problems in perspective; (2) short course in mechanical drawing; (3) color sketching, still-life, flowers, and landscape work; pencil sketching from still-life; (4) charcoal from cast and life; (5) conventional design and composition; (6) clay modeling from cast; (7) history of architecture, painting, and sculpture.

15 hours a week for one year.

WOODWORK.

Prerequisite: The undergraduate courses in drawing and woodwork described in the foregoing pages, or their equivalent.

The graduate course in woodwork consists of advanced mechanical drawing and benchwork, including joinery—the application of the dowel, half-lap, dove-tail, and other joints to furniture and other articles of household use. Incidentally a study of woods is made, as to their growth, milling, and suitability for different constructive uses.

Students taking this course are required to teach woodwork to the grammar-grade boys in the training school two hours a week for twelve weeks.

15 hours a week for one year.

THE HOUSEHOLD ARTS.

The graduate course in the Household Arts consists of lectures, laboratory work, essays, and collateral reading.

The following general topics are covered: the composition and nutritive value of foods; recent investigations in food chemistry and human nutrition; fundamental principles and processes of cookery; com-
The preparative study of cooking apparatus and fuels; plans and equipment of school kitchens; production and manufacture of foods; food legislation. It is designed to give the student a thorough knowledge of the theory and practice of cookery and to aid her in arranging subject-matter for teaching. Special attention is given to scientific methods of work and to the adaptation of such methods to the school.

The course in sewing is given with direct bearing on its application to school work. Garments are made; teaching and supervising are discussed; textiles and processes of manufacture with the evolution of dress are studied.

15 hours a week for one year.

### ACADEMIC-PREPARATORY COURSE

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Twenty minutes’ chorus practice daily throughout the course.

### REQUIREMENTS FOR ADMISSION

Students who have finished the grammar grade courses or their equivalent will be admitted on the recommendation of their teachers. Candidates for admission must present one or two letters of recommendation from responsible people—former teachers, where possible.
BRIEF DESCRIPTION OF ACADEMIC COURSES.

ENGLISH.

Throughout the course written work will be required. Such textbooks in Composition or Rhetoric as may be needed will be employed, but much of the theme work will be independent of these. The general fields of this work, progressing from First to Fourth years, will be narrative, descriptive, expository, argumentative, and critical.

First Year. Oral and written expression.
9B. Bulfinch's Mythology.
Palmer's translation of Homer's Odyssey.
Gayley's Poetry of the People.
9 A. Scott's Lady of the Lake.
Scott's Ivanhoe.

Second Year.
10 B. Literary selections from Genesis, Exodus, Ruth, and Esther.
Shakespeare's Merchant of Venice and Julius Caesar.
10 A. The Technique of Reading, accompanied by the reading, memorizing, and study of selections, and by the oral presentation of original or acquired matter.

Third Year.
11B. Tennyson's Idylls of the King.
Lowell's Vision of Sir Launfal.
11 A. Prose Essays by various authors.
Macanlly's Life of Addison.
Milton's shorter poems, including Comus.
Thackeray's Newcomes or George Eliot's Romola.

Fourth Year.
12 B. Arguments and Orations, with constant practice in short speeches, developing one or two points fully. Two carefully prepared arguments must be presented.
12 A. The History of English Literature, approached chiefly through the study of poetry, beginning with Chaucer's Prologue and ending with the Victorian poets.

HISTORY.

Ancient History. A year's course beginning with a brief account of the Oriental peoples who contributed directly to European civilization, followed by a more intensive study of Greek and Roman history, and closing with a study of the early middle age to the death of Charlemagne. The course is necessarily extensive rather than intensive, dealing with the larger phases of the progress of civilization. The purposes are: (1) To enable young people to build up a coherent mental picture of the successive epochs and nations that compose the historical perspective from prehistoric times to the close of the Carolingian age; (2) To cause students to perceive some of the fundamental laws and principles that seem to condition all social and political development; (3) To develop the historical sense—the power to see with the mind's eye, to imagine, to reconstruct; (4) To induce students to love history for its own sake—to appreciate the romance, the heroism, the succession of dramatic pictures, that the unfolding ages disclose.

The course affords adequate preparation for the study of Mediaeval and Modern history or of English history. Illustrative material in abundance is available, and frequent references are made to secondary authors and original sources; but not much in the way of so-called "research" work is attempted.

Mediaeval and Modern History. This course extends throughout the school year and takes up the history of Europe at the close of the Carolingian era and carries it down to the present. An effort is made to discover and to trace the development of the various forces which the "ancient world had brought together and which had been partially fused" during the period from the fall of Rome to the breaking up of the empire of Charlemagne. The interaction of these forces resulted in the rise of nations. This fact is constantly kept in mind, and thus much of the otherwise rather confused history of the middle age is clarified and made intelligible to secondary students. The development of England, France, and Spain as homogeneous nations, therefore, receives a much larger share of time and attention than the complicated and perplexing history of the relations of "The Empire and Papacy." Such topics as the Crusades, the Church, Feudalism, Scholasticism, the Rise of Towns, the Renaissance, are treated separately as movements or institutions affecting the whole of Europe. The course covers eleven centuries, but proportionately much more time is given to recent modern history than to the middle age, as many recitations being allotted to the
last two hundred years as to the previous nine hundred. The class work is conducted on the topical plan, and consists largely of assigned readings and oral discussions of topics.

**English History.** A comprehensive survey of the development of the English nation from the earliest time to the present, extending throughout the school year. Events to the time of Egbert are passed over rapidly; but emphasis is given to Anglo-Saxon customs and institutions. Since this course, or its equivalent, is prerequisite to the study of American history, special attention is given to the origin and application of the principles of civic rights and representation which have become fundamental to the government of the United States. In connection with this course such special topics are considered as will exhibit the relation of English history to important European movements, e.g., development of the Christian Church, the Crusades, Feudalism and Chivalry, the Renaissance, the Reformation, the French Revolution. Though the romance and the influences of war and the value of biography are fully recognized, still throughout the course consideration is given chiefly to social, industrial, and political development. The class work consists of research in the library, with notes on readings, oral discussion, and written reports.

**American History and Civics.** The purpose of this course is to secure tolerably full and accurate knowledge of the history of the discovery and colonization of the American continents; the development of the English colonies and the United States of America, considered under the following heads: (1) Geographical knowledge before 1492; (2) Conditions that led to the discovery of America. (3) Explorations in the New World. (4) Colonization. (5) Strife between French and English. (6) England’s colonial policy. (7) The struggle for independence. (8) The “Critical acuity—the founding of nationalism. (9) Republican supremacy—society. (10) National Democracy—tariff, internal improvements, industrial territorial expansion. (11) Slavery and the Civil War. (12) Reconstruction and trade unions. (13) Reunion and expansion. The course extends through forty weeks and consists of research, oral and written reports, and class discussion.

**MATHEMATICS.**

**Algebra.** In scope, this course includes all the subjects in algebra that are essential to a thorough understanding of higher arithmetic, elementary geometry, and the elements of physics. Special emphasis is placed upon the fundamental operations; the laws of brackets; the various methods of factoring, including the use of the factor law; the application of factoring to the solution of equations that can be readily resolved into linear factors; common divisors and multipliers; binomial theorem for integral exponents; the combining and simplifying of fractions; formation and solutions of simple equations with one or more unknown quantities; the theory of exponents, integral and fractional, positive and negative; the calculus of radicals; quadratic equations, both single and simultaneous; the various methods of solving quadratic equations; the solution of all equations; the solution of all equations that are reducible to the quadratic form; the nature of the roots of the general quadratic equation and the formation of equations from given roots.

The subject-matter is treated as simply as is compatible with mathematical rigor; consequently it may be mastered by any ordinarily intelligent student with a fair knowledge of grammar school arithmetic. The fundamental ideas and principles are first developed inductively, then the principles are formulated into simple and concise statements, after which the rigorous proof is given. Throughout his course the student is required to acquire facility and accuracy in the manipulation of algebraic expressions as well as to understand the meaning of the various operations he is called upon to perform. He is required to solve, independently, many moderately difficult problems involving both numerical and literal quantities.


**Geometry.** Some of the most important objects aimed at are to develop the power of clear, concise, and logical reasoning, to cultivate the power of earnest, original investigation, and to incite and stimulate the spirit of inquiry into mathematical truth. To secure these results the student is required:

(a) To know thoroughly the definitions, axioms, and postulates, and to state them accurately in his own language or in the language of the text.

(b) To be able to prove every reference cited, going back step by step until the final proof rests upon the primary definitions, postulates, and axioms, both in proving theorems and in solving problems.
PHYSICAL SCIENCES

Chemistry. The first semester is devoted to a study of general inorganic chemistry. In the second semester, the work is extended to cover the principles of organic chemistry and the applications of chemistry to agriculture and domestic life. The laboratory work in agricultural chemistry is based upon Snyder's Chemistry of Plant and Animal Life. It includes tests for the constituents and properties of farm produce, fertilizers, soils, dairy products, and food materials. The experiments are so arranged as to give a scientific acquaintance with the substances commonly met with upon the farm and in the home.

The work upon food materials is fundamental to the course in cooking offered in the senior year of the professional course.

A study of the soil-producing and metal-bearing minerals is illustrated by a collection of minerals and rocks.

An aim throughout the course is to supply pupils with a fund of organized knowledge of familiar things which can be drawn upon in their subsequent teaching of nature study in the elementary grades.

Text.—Newell's Descriptive Chemistry.

Physics. Class-room instruction is given three days in the week upon the following topics: mechanics, sound, light, heat, magnetism, and electricity. The other two days are spent in the laboratory upon experiments illustrating the work of the class room. Much of the laboratory work is quantitative, but time is not sacrificed in securing refined accuracy of the trained scientist. The underlying principles are rather emphasized as being of more value to the student.

Text.—Reman and Smith: New Plane Geometry.

PROBLEMS ARE EMPLOYED ONLY IN SO FAR AS THEY ARE NECESSARY TO ILLUSTRATE AND ENFORCE PRINCIPLES, NOT AS AN END IN THEMSELVES.

The object of the course is to stimulate and satisfy as far as possible the desire that every normal mind should possess to know the laws of nature, and the application of these laws to mechanical appliances useful to mankind. It is the aim to present the subject in such a way that the students, should they become teachers, may be able to adapt the material to the needs of children in order that nature study may be enriched by bringing it much from the realm of natural science.


BIOLICAL SCIENCES.

Botany. An elementary course in botany is offered, consisting of a study of the various types of plants. The Fall Term will be devoted particularly to the relationship between physiography and botany of seed-bearing plants. This term soil-formation by erosion, weathering, etc., are observed through experiments; also climatology is studied in various phases. This develops the conditions necessary for plant growth. The functions of the parts are then studied with reference to physical and chemical principles involved. The Spring Term will be devoted to familiarization with the characters of various flowering plants and the gathering of a small herbarium. The ecology of some of the plants is taken up with special reference to those grown in California. Finally, a brief study will be made of the various types of non-flowering plants. The course will serve as a foundation for the teaching of agriculture and nature study in the grades.

Zoology. This course is based on the laboratory study of types of the great groups of animals. The Fall Term will be used in the study of Invertebrates; the Spring Term, in the study of Vertebrates. The habits and physiology of the various animals will receive much attention, in order that this course may form the basis of the future work in Physiology.

No text is used, but constant reference is made to the standard works on zoology.

LATIN.

The course in Latin will cover such work as is necessary to meet the minimum requirement for admission to the leading universities.
PHYSICAL EDUCATION.

The general notes regarding Physical Education apply also to the preparatory courses. During the entire four years two hours a week are given to physical work. Occasional lectures deal with simple phases of personal hygiene, much stress being placed upon the acquiring of good habits of personal care.

Little apparatus is used, the whole aim being to develop in the individual physical poise and buoyancy by means of class drill, aesthetic gymnastics, and games.
CATALOGUE OF STUDENTS.

SENIORS.

Adams, Edith .............. Santa Maria
Anderson, Lillian G. ...... San Diego
Ashley, Tilda May ......... San Marcos
Bailey, Grace Britton .... San Diego
Berwick, Alice L. ......... Plano
Beuch, Lyllian May ........ Nestor
Blome, Edna Clare .......... Santa Maria
Bogdanski, Isabel ........... San Diego
Bourj, Edalfe ............ Watson, Colo.
Brooks, Viola ............ San Diego
Campbell, Lea ............ Pacific Beach
Cassen, Emma Grace ....... Ramona
Chalmers, Una Monnette .... San Diego
Chalmers, Zoe Margaret .... San Diego
Clary, Sara Whitman ....... San Diego
Cock, Edith A. ............ Tusin
Cot, Mary Bertha .......... San Diego
Cross, Ada Lee .......... Visalia
Cummins, Zora Grace ....... Bostonia
Dahlinger, Cora ............ Sacramento
Dodge, Sara V. ............ Temecula, Wash.
Duffy, Charles C. ........ San Diego
Field, Estella Genevieve .... San Diego
Frazee, Sarah Elizabeth .... Moosa
Geradehann, Clara ......... San Diego
Graves, Eleanor Milliken .... Ramona
Grigg, Hazel Mary .......... San Diego
Gripper, Julia Louise ....... San Diego
Harvey, May Anneta ........ San Diego
Harper, Mabel ............. Phoenix, Ariz.
Hart, Katherine .......... San Diego
Hawley, Edith ............ South Pasadena
Heilbrun, Irma ............ San Diego
Horton, Irma May .......... Honcut
Irgens, Clara Belle ....... North Dakota
Jordan, Mattie Adele ....... San Diego
Kilty, Agnes Marie ....... San Diego
Kilty, Margaret Alice ....... San Diego
Laws, Gertrude ........ San Diego
Lepert, Johanna Helena .... La Jolla
Macon, Geneva ........ San Diego
McDonald, Inez Blanche .... Santa Maria
McNamara, Christabel ....... San Diego
Mesler, Corinne ........ San Diego
Morris, Maude Alma ....... San Diego
Morrison, Sibyl Leona .... Fallbrook
Mulvihill, Margaret Ellen .... Redlands
Nicholl, Mabel ........ San Diego
Pierce, Imogene ........ San Diego
Pitman, Sadie Edna ....... San Marcos
Raymond, Florence ....... San Diego
Reed, Mattie ........ San Diego
Rhoades, Elizabeth R. .... Chula Vista
Richley, Florence Ida .... San Diego
Riley, Mabel Margaret .... San Diego
Schaltegger, Maggie Myrtle .... San Diego
Shaffer, Iva Ethel ....... San Diego
Shaw, Stella ........ San Diego
Smith, Chester .......... Effingham, Ill.
Stuart, Mary Elizabeth .... San Diego
Swartz, Louise Clare ....... Niwot
West, Louise Clare ......... San Diego
Wight, Clayton J. ........ San Diego
Williams, Mary-Belle ...... San Diego
Wormser, Helene .......... Chicago
Wormser, Mary .......... Chicago
Wright, Kate Meriam ....... San Diego

JUNIOR CLASSES.

Abbott, Frances J. .............. Santa Fe, N. M.
Adams, Helen .................. Encinitas
Allen, Rhoda Mae .......... San Diego
Bailey, Elizabeth J. .... Nettie
Bailey, Ida Maude ......... Julian
Bashore, Ethel L ........ Julian
Beldman, Edgar .......... Lemon Grove
Bell, Norma L ............... San Diego
Beller, Florence M. .......... Carlsbad
Boal, Alma .............. La Jolla
Borden, Olive M .......... El Cajon
Bryan, Nita .............. Lemon Grove
Bullock, Alva .......... San Diego
Butts, Catherine J. ....... San Diego
Byron, Adelle ........ Escondido
Caldwell, Clara M. ....... Claremont
Chalmers, Fay. .............. San Diego
Christner, Mrs. Augusta L ... Lakeside
Clark, Josephine E. ....... Dulzura
Clevenger, Harriet E. ....... Claremont
Colner, Frances M. ....... Santa Maria
Cowart, Ira .............. Herford, Texas
Coy, Georgie V. ........ San Diego
Crayne, Ethel .......... Anaheim
Cross, N. Irvin ......... San Diego
Calbertson, M. Katherine .... Claremont
Curtis, Judith .......... Carbondale, Colo
Daggett, Laura L ...... San Diego
Dana, Marie .............. Nipomo
Dietrich, Nettie ......... San Diego
Down, Grace E. ........ San Diego
Downs, George G. .......... Otay
Drury, Nan .............. San Diego
Dunbar, Carrie .......... San Diego
Farr, Hattie ........ San Diego
Filkin, Nina E. ........ San Marcos
Flack, Mary E. ........ San Diego
Floyd, Marion E. ....... San Diego
Forster, Senta ........ San Diego
Fray, Gladys M. .......... San Diego
Frost, Jessie S. ......... San Diego
Greer, Alice M. ........ San Diego
Gregg, Laura ........ San Diego
Guth, Ruth .............. San Diego
Duthie, Anna N. ........ San Diego
Harris, Hazel .......... San Diego
Harsha, Mabel E. ....... Lemon Grove
Hill, Mary Alice ........ San Diego
Hinckley, Vera L. ....... San Diego
Horder, Eva G. .......... San Diego
Irey, Gertrude M. .......... San Diego
Johs, Margaret .......... San Diego
Johnston, Eleanor ......... Pacific Beach
Kelley, Edith E. ...... Escondido
Kiley, Lillian .......... San Diego
Killin, Lenore ......... Escondido
King, Alice J. .......... Fallbrook
King, Katherine M. ....... Moosa
Kramer, Rita .......... Imperial
Lantis, Lillian Alice ....... Colbert
Levy, Edith .......... San Diego
Linley, Mary Olive ...... San Diego
Lovejoy, Elsie R. ....... Ramona
Lowe, Adele E. .......... San Diego
Marks, Lela ........... Julian
Marsh, Alpha R. ......... San Diego
Maxwell, Dorothy ......... La Jolla
McCullum, Ethyl .......... National City
Miller, Blanche ......... National City
Morse, Anna .......... San Diego
Nance, Carrie ........ San Diego
Neeley, Hattie Gay ....... Santa Maria
Noble, Eola Fern .......... San Diego
O'Neal, Martha Matilda ... Fallbrook
Phillips, Harry G. ...... Visalia
Philips, Lillian E. ....... San Diego
Plumer, Frances R. ...... San Diego
Plumer, Lillie .......... San Diego
Podle, Anna Craig ......... San Diego
Riley, Bird .......... San Diego
Russell, Edna .......... San Diego
Safford, Kate E. ........ San Diego
Sharborough, Clara R. ...... San Diego
Shaw, Constance ......... San Diego
Smith, Florence J. ...... San Diego
Stett, Edith .......... Ramona
Stone, Pearl V. ......... San Luis Obispo
Story, Louise .......... San Diego
Sullivan, Grace F. ...... San Diego
Turner, Iva M. ......... San Diego
Wade, Myrtle K. ....... San Diego
Westphal, Grace ......... Sunnyvale
West, Lula Ada .......... Santa Ana
Williams, Martha-Belle .... San Diego
Woods, Alice V. .......... San Diego
Young, Jane O. ......... La Mesa
Zachoe, Rebeah A. ...... San Diego

*Graduated before close of year.
### GRADUATE STUDENTS.

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<td>McIntire, Ruth M.</td>
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### ENROLLMENT.

- **Seniors**: 67
- **Junior Classes**: 95
- **Graduate Students**: 6
- **Preparatory Classes**: 112
- **Training School**: 283
- **Total enrollment**: 489

### GRADUATES.

**1906-1907.**

- Ault, Olive
- Austin, Marie L.
- Barber, Flora
- Bennett, Vinnie
- Bigham, Walter
- Black, Pauline T.
- Breen, Margaret
- Butterfield, Janet
- Colbert, Edna Gail
- Creekmur, Edda Louise
- Crosby, Ethel L.
- Dana, Mrs. Mary
- DeBurne, Ray
- Elmer, Emma
- Ellis, Mabel
- Foster, Mae Ethel
- Gaskell, Ellen
- Gates, Vesta C.
- George, Emma
- Grandstaff, May
- Green, Florence
- Griswold, Nellie
- Haines, Carrie
- Johnson, Amy
- Laughlin, Mattie
- Lawrence, Lena
- Livingston, Nellie W.
- Love, Sue
- Lydick, C. Ethel
- Mack, Hazel C.
- McEwen, Mena
- Minns, Lutie
- Niccum, Katherine
- Noonan, Id M.
- Peirce, Norma V.
- Permin, Laura C.
- Peter, Susan Alice
- Pitman, Ruth E.
- Rickel, Gertrude A.
- Roberts, Eunia B.
- Rodgers, Helena B.
- Schussler, Freda
- Scott, Helen H.
- Somers, Olive C.
- Stoker, Marie
- Stone, Inagene T.
- Wallace, Alice R.
- Watkins, Eugenia H.
- Wellman, Anna W.
- Webster, Alice E.
- Winter, Leda C.
- Woolson, Margarette
- Wright, Mrs. Lucy
- Yager, Ursula A.

### FIRST SEMESTER.

**1907-1908.**

- Bailey, Grace Britton
- Berwick, Alice L.
- Blosser, Edna Clare
- Brooks, Yasbel
- Casner, Emma Grace
- Chalmers, Ula Mounetta
- Chalmers, Zoe Margaret
- Clary, Sara Whitman
- Cock, Edith A.
- Duffy, Charles C.
- Field, Eliza Genevieve
- Graves, Eleanor Millicent
- Grigsby, Hazel Mary
- Harvey, May Annette
- Horton, Irma May
- Jordan, Hattie Adele
- Laws, Gertrude
- Leppert, Johanna Helena
- Nicksell, Mabel
- Reed, Mattie
- Smith, Chester C.
- Smith, Clayton J.
- Wight, Clayton J.
- Wurmer, Lena
- Wright, Kate Meriam
OUTLINE OF THE COURSE OF STUDY IN THE TRAINING SCHOOL.

FOREWORD.

The Training School consists of the regular eight public school grades, wherein the usual elementary branches are taught by approved modern methods.

All teaching in the Training School is closely supervised by members of the Normal School faculty. Practice teachers are regularly observed and are called into both class and individual conferences with a view to giving them professional help and instruction in the application of their methods.

The classes in the Training School are small, admitting of much individual instruction. Those pupils who, by reason of some defect, weakness, or other peculiar condition, need special attention, are given such attention, at the same time carrying the regular work of the grade.

To maintain normal, progressive, physical development, the health of the child, his growth, and the condition of his sense organs, especially the eye and ear, are closely watched. The daily program offers numerous periods for rest, games, and athletics as further provision for this development, all of which, owing to the climatic environment, are of the outdoor type throughout the year.

The outline of studies, which follows, is arranged for the purpose of indicating the more important working units in the various branches as they are developed in each grade. While no attempt has been made to present a completely arranged course of study, it is believed this outline will be found workable, giving due recognition to such phases of correlation as, the past with the present, the school with life, and subject with subject, and being in harmony with much of the best educational practice. As the subjects are presented certain aims are to be noted: (1) Arithmetic is taught, not primarily as a mental discipline, but to enable the child to solve the ordinary, rather than the technical, problems which confront him in actual life, and to do so with efficiency and dispatch. This makes the mastery of all the fundamental combinations, tables, and processes most essential, in view of which sufficient drill work is insisted upon to make them permanent. (2) Formal language work is based on the idea that the mastery of the art of right usage is the fundamental aim, and that the science of its technical rela-
tions bearing directly on the above are clearly pointed out and their significance is carefully discussed. Parallel with this, and in recognition of the world-wide reach of commercial enterprise, considerable attention is given to the mastery of all locational features that have assumed more than national importance, the device used being largely that of map-sketching. Beginning with home geography in the third grade, the work of the fourth grade reaches out to a study of the larger facts rather than a detailed study of the United States. The study of the southern continents, the oceanic islands, and Eurasia occupy the fifth and sixth grades. North America and a thorough regional study of the United States are assigned to the seventh grade, stress being laid on the interrelation of physical conditions and industries. The eighth grade work centers about a study of world regions (as represented by the different countries) viewed from their industrial and commercial relationship, with special reference to the comparative importance of our own country. (6) Nature Study from the standpoint of economic values aims to develop the knowledge and ability to control nature, making it subservient to the needs of man; from the standpoint of aesthetic values it should cultivate and develop an appreciation of natural beauty in all its forms, leading the child to love nature. In addition to these, moral and spiritual values are inherent in nature study, though as an aim they are entirely incidental and tend to take care of themselves. Through much usable knowledge of practical importance, through the appreciation of the utilitarian value of plant life and animal life, and through the aesthetic values that may be gained from the work, the child will grow naturally into a sympathetic attitude towards nature; he will come to realize "that unnecessary and wanton injury or destruction of either plants or animals is uneconomical, positively injurious to society and reacts detrimentally upon the character of the offender." The importance of relating the work to the child's immediate environment is kept distinctly in mind in the selection of material; and in the organization of this material, both biological and physical phases receive attention, each of which is developed as it relates itself to life needs. Considerable emphasis is given in the eighth grade to a comparatively thorough study of human physiology and the hygiene related thereto. (7) Music in the elementary grades is largely devoted to songs—songs full of rhythm, melody, and spontaneity. The basic idea is that music, to be an element of real value, must be dealt with from the emotional or artistic side, that thus it must cultivate love and enjoyment of good music and develop in a gradual way good musical taste and judgment. Therefore, care is given to the selection and gradation of music. The
text of songs must represent standard literary value, the music of songs must possess recognized excellence, and each must be found within the child's range of appreciation. While the technique of music is of secondary importance it is not, however, neglected. In handling this phase of the work an attempt is made to present in as simple and fascinating a manner as possible the underlying reasons or rules governing the songs which the children have learned to love, and to afford sufficient drill thereon to enable pupils to reach a fair degree of proficiency in formal sight reading. Careful attention is given to ear-training with a view to sharpening tone perception and establishing tone relationship; and to voice culture with a view to preserving and cultivating the pure, light, unconscious tone belonging to childhood. To serve as an inspiration to freer and better interpretation, appropriate studies of the lives of some of the masters of music are provided in the higher grades.

(8) The Manual Arts include three groups of activities, involving the manipulation of materials. To be able to know the good in art, and to appreciate and love it are the important factors throughout the drawing work. Decorative design, illustration of stories and poems, landscapes, and life forms in nature are some of the motives furnished; the responses to which are of the free, self-expression type. In fact, self-expression characterizes all the drawing work of the training school save in the mechanical drawings of designs and plans. Studies of masterpieces in painting and sculpture particularly and, to a less extent, in architecture are given due emphasis. In manual training, adult standards may be too easily forced upon the child, whereas accomplishment may better be measured in terms of his growth. Motive, freedom of expression, growth in ability to see and appreciate and express details in their true relationships, are the more important ideas. Therefore, after a brief introduction to the fundamental processes, in prescribed manner, it is believed that these same processes will function more thoroughly and permanently through granting the child a liberal selection of articles to construct. In the household arts each phase of the work is studied in its relation to present day social needs, an understanding of the meaning and significance of each phase being emphasized along with the development of reasonable technical skill. Sources of material, commercial processes, economic values, cultivation of taste and good judgment, self-helpfulness, and the economics of buying are aims upon which much stress is laid in this field of study. In all of the three divisions above the thought side is an element of great, if not paramount, importance; and, in order that a mere making of things may not become the sole end in view, a due proportion of time is given to the consideration of thought values.

ARITHMETIC.

GRADE I.

No special periods for number work are assigned in this grade; nor in the first half of the second grade. Experience with quantitative relationship of things and crude relations of size are gained incidentally through story work and constructive work.

GRADE II.

Beginning in second half of this year, counting by ones to 120; counting by tens to 120. Value and representation of numbers to 1000. Introduction of first group of combinations.

GRADE III.

Review and continue work of second grade. Writing of numbers to a million. Mastery of the forty-five combinations in addition and in multiplication. Drill in addition of columns. Exercises and drills involving principles in addition and subtraction. Subtraction completed. Multiplication, using one figure as a multiplier.

GRADE IV.

Review and continue work of third grade. Multiplication completed. Short and long division completed. Application of principles in multiplication and division. Illustrated fraction work.

GRADE V.

Rapid review of the forty-five combinations and their application to simple arithmetical problems. Review of multiplication and division and their application to concrete arithmetical problems. These are to be formulated by the teacher, and may be supplemented by an intelligent treatment of the work outlined on pages 23 and 24 of advanced state text.

Decimal fractions and miscellaneous examples following common fractions as indicated in Chapter IV. As much of L. C. M. and G. C. D. as may be necessary in the treatment of common fractions.
GRADE VI.

Continue review work in the forty-five combinations and their application, also simple concrete problems involving addition, subtraction, multiplication, and division of simple and fractional numbers. This review work to parallel the advance work. Frequent exercises in rapid addition of columns of numbers.

Powers and roots as on pages 79–94. Ratio and miscellaneous examples, Chapter III. Denominate numbers, Chapter V, omitting Dry Measure and all metric measures, except length and weight.

GRADE VII.

Continue frequent review exercises as in preceding grade. Aliquot parts, Chapter VI. Review and enlarge Chapter IV, common fractions. Percentage and its applications, omitting Bank discount, Chapter VII. Stocks and bonds, Chapter VIII, omitted entirely.

GRADE VIII.

Continue frequent review exercises as in preceding grades. Literal numbers, Chapter IX. Involution and Evolution, Chapter X. Review and enlarge Chapter III, Ratio. Proportion, Chapter XI. Measurements and constructions, Chapter XII.

FORMAL LANGUAGE WORK.

GRADE I.


Penmanship. Board work entirely. Practice in free arm movement exercises, including the principles used in small and capital letters; practice in making the small letters of the alphabet working toward practice in forming the letters, verbs, names, form, and proportion; practice in writing words as new letters are introduced.

Spelling. Writing and combining of phonograms as soon as presented in reading. Sight words by visualization. Names of letters. Oral and written spelling (second half year) of words selected from reading.

Language. Conversations upon games, flowers, fruit, clothing, animals, etc. Oral reproduction of fables. Picture study for oral expression. Use of capital, period, question mark. Drill upon correct use of is, are, get, see, seen, saw, etc., through informal games and exercises.

GRADE II.


Penmanship. Continue as in first grade and add free arm movement exercises on paper. Practice in making capital letters. Attention to writing of spelling words.

Spelling. Syllabication introduced. Six words daily in first half year; eight words daily in second half year. Frequent oral and written reviews. Spelling words selected from reading, and all content work—history, literature, etc.

Language. Conversations continued. Imaginative stories from pictures. Further use of capital; Days of week, months of year, names of holidays, writing dates, etc. Drill for correctness of misused English.
GRADE III.


Penmanship. Continue free arm movement exercises on paper. State Series Copy Book No. 3.* Attention to writing in spelling work.

Spelling. Ten words daily. Oral and written reviews. Words selected as in second grade.

Language. Lessons outlined with children in preparation for reproduction. Oral interpretation of pictures to express the thought of the artist. Continue mechanical work on use of capital, period, comma. Exercises to bring out variety of expression, and to correct generally misused English.

*The classification of the different numbers of the State Series Copy Books is altogether tentative, pending some actual experience with the new numbering of the series.

GRADE IV.


Penmanship. Continue free arm movement exercises on paper. State Series Copy Book No. 4. Attention to writing in spelling work.

Spelling. As in third grade.

Language. Lessons about pets, journeys, etc. Oral reproduction of the best stories, trying to improve on them by shortening or lengthening. Picture study, an attempt being made to get a higher interpretation than in earlier grades. Continue mechanical work and enlarge with exercises to induce children to begin use of relative pronouns. Continue drills to correct English generally misused.

GRADE V.

Reading. In this grade and following grades reading is combined with literature.

Penmanship. State Series Copy Book No. 5. Also selected models.

Spelling. Words selected from all subjects. Homonyms. Attention to prefixes and suffixes. A lesson is given once a week in connection with each subject.

Grammar and Composition. Dictation, transcription, and memorizing of poetry and prose, selected for literary and ethical value. Capitalization, abbreviations, quotations, punctuation. Oral and written reproduction, picture study, letters. Practice in sentence and paragraph structure, combining and enlarging sentences. Kinds of sentences, declarative and interrogative. Subject and predicate. Nouns, common and proper, singular and plural, and possessive forms. Verbs, contractions, correct use of have and has, may and can, it and lay, etc.

GRADE VI.

Reading. See fifth grade.

Penmanship. State Series Copy Book No. 5 completed. Also selected models.

Spelling. As in fifth grade, with some attention to derivation of words and use of dictionary.


GRADE VII.

Reading. See fifth grade.

Penmanship. In this and the following grade no special periods for formal penmanship are assigned.

Spelling. As in preceding grades.

Grammar and Composition. Dictation, transcription, and memorizing as in preceding grades. State Series English Lessons, Book II, Part II. Lessons 33, 36, 37, 38, 39, 40, 43, 47, and 48 to follow the completion of the other lessons, but may be omitted if class is not mature enough.

GRADE VIII.

Reading. See fifth grade.

Penmanship. See seventh grade.

Spelling. As in preceding grades.

HISTORY AND LITERATURE.

GRADE I.

History. Stories of primitive civilization, presented orally by teacher; reproduction by pupils orally, by pictures, by clay-modeling, and by simple drama. Stories of Tree-Dwellers, Cave-Men, Early Aryans, Egyptians, Eskimos, Indians, etc. Appropriate interpretative materials, such as myths, legends, ballads, folklore, etc.

Literature. The following stories are read to the class to encourage love of story and develop oral expression through simple reproduction: The Three Bears; Cinderella; Jack and the Bean stalk; Little Toot; The Three Goats Named Brute; The Three Pigs; Drakshill and His Friends; The Elves and the Shoemaker; The Lion and the Mouse; The Fox and the Crow; The Wind and the Sun; Reynard the Fox; The Story of Aesop; Bow-wow and Mew-mew; Letters from a Cat; Stories from In Myland, Vol. I; Selections from New Year's Bargain. Selections for memorizing as follows: One, Two, Three; Whenever a Child is Born; The Baby; One Mother; My Shadow; Sweet and Low; The Ferry for Shadow-town; The Dandelion; The Little Plant; Which Loved Mother Best?

GRADE II.


Literature. Stories read to class, method as in preceding grade: The Ugly Duckling; The Fisherman and His Wife; The Frog Prince; The Five Peas; Hans and the Four Big Giants; Beta and the Lion Giant; Prince Harun-ed-Din; The Loving Cup; Little Blessed Eyes; The Fair White City; Beautiful Joe; Adventures of a Brownie; Dick Whittington; Stories from In Myland, Vol. II. Selections for memorizing: Good Night and Good Morning; Dandelion Fashions; Bed in Summer; The Night Wind; W ynken, Blynken, and Nod; Autumn Leaves; Tennyson's Morning Song; Seven Times One; selections from Hiawatha.

GRADE III.

History. Stories of developing civilization such as are found in the first three chapters of True's The Iron Star; stories of early Greeks and Romans, with appropriate myths and legends; stories of American aborigines and tales of the discovery and settlement of America. Stories presented orally with reproduction as in preceding grades.

Literature. Stories read to class, method as in preceding grades: Selections from Arabian Nights; Cooke, Story of Ulysses; stories from Hawthorne's Wonder Book; Black Beauty; Alice in Wonderland; The Little Lambs of Prince; Stockton's Fanciful Tales. Selections for memorizing: Psalm 1; Our Flag; Little Brown Hands; October's Party; Cheerfulness; Discontent; Don't Give Up; Drive the Nail Aright; The Brown Thrush; The Children's Hour; The Wounded Curlew.

GRADE IV.

History. Continue Greek and Roman stories; stories of early Teutons with appropriate legends and folklore, leading up to settlement of Anglo-Saxons in England and Norse discovery of America; tales of early exploration in America continued, with particular stress on the work of the Spanish in the Southwest. Instruction still largely oral, but in a few instances books are furnished pupils for reading.

Literature. Stories read to class, method as in preceding grades: Baldwin's Old Greek Heroes; Mowgli stories in Jungle Books, Vols. 1 and 2; selections from Uncle Remus: Little Men; Robinson Crusoe; Biography of a Grizzly. Selections for memorizing: Psalm 137; A Night with a Wolf; Grandfather; Children; The Mountain and the Squirrel; Aboos Ben Adhem; The Sandpiper; The Bugle Song.

GRADE V.

(14) The Hundred Years' War and Joan of Arc. (15) End of the Middle Ages. Instruction largely oral, but increasing number of books furnished pupils. Reproduction as in preceding grades, but more stress laid on written and dramatic expression.

**Literature.** In this grade and the following grades lessons in literature include: (1) The presentation, *i.e.*, the reading of the selection, usually by the teacher; (2) The development or discussion; (3) The re-presentation by the pupils in the form of reproductions (oral and written), word pictures, the reading of selected incidents or of dialogue, and the dramatization of incidents and scenes; (4) The memorizing of selections. Oral reading is taught incidentally rather than formally, the aim being to secure from the children an intelligent, pleasant, and fairly appreciative expression of the thought. The following literary material is used: Ruskin, *The King of the Golden River*; Hawthorne, *Wonder Book*; Hawthorne, *Tanglewood Tales* (selections); Hawthorne, *The Snow Image*; Longfellow, *Hiawatha*; The Story of Joseph; selected short poems throughout the year; supplementary reading through the use of the Training School library.

**GRADE VI.**


**Literature.** For method, see fifth grade. The following literary material is used: Pyle, *Some Merry Adventures of Robin Hood*; Kingsley, *The Water-Babies*; Burt, *Odysseus*, with readings from Palmer's transla-

**GRADE VII.**

**History.** Formal United States history, using State Series Grammar School History in hands of pupils. Instruction is wholly on the topical plan, with much reading outside of the text-book. Ground covered, from the discovery of America through the Revolutionary War.

**Literature.** For method, see fifth grade. The following literary material is used: Wadlow, *Old Norse Stories*; Longfellow, *The Skeleton in Armor*; Irving, *The Alhambra* (selections); Longfellow, *The Courtship of Miles Standish*; Irving, *The Legend of Sleepy Hollow*; Longfellow, *Evangelia*; The Story of Ruth; Hawthorne, *The Great Stone Face*; Cooper, *The Last of the Mohicans*; selected short poems, in particular those of the earlier period of American life and history; supplementary reading, see fifth grade.

**GRADE VIII.**

**History.** Formal United States History continued—from the Revolutionary War to the present, including a brief study of our forms of government and a somewhat extended study of the history of California. For method, see seventh grade.

**Literature.** For method, see fifth grade. The following literary material is used: King Arthur and His Knights, based on the text of Lanier and Pyle, with readings from Tennyson: Lowell, *The Vision of Sir Launfal*; The Autobiography of Franklin; Dickens, *A Christmas Carol*; Whittier, *Snow Bound*; Scott, *The Talisman*; Hale, *The Man without a Country*; selected short poems, particularly those of a patriotic nature; supplementary reading, see fifth grade.
GEOGRAPHY AND NATURE STUDY.

GRADES I AND II.

No special periods for geography and nature study are assigned. A love of nature and feelings of sympathy for animals are developed through the conversation work of the language period, and also in connection with the story work of the literature and history periods.

GRADE III.

Geography. Geography proper is begun in this grade. The object during the year is threefold: (1) To give pupils some systematic knowledge of the city and surrounding country; (2) To develop ability to interpret and draw maps of the above; (3) To impart to the class, by means of graphic oral descriptions, supplemented by pictures and stories, such as films as possible of the noteworthy characteristics (from the child's standpoint) of the life and surroundings of some of the world's typical peoples. Develop map of schoolroom, school-building, playground, portion of city in vicinity of normal school, etc. Discuss occupational life of the people of San Diego and vicinity; products of farms, gardens, mills, mines; civil organization of city. Descriptive work based on the life and surroundings, and emphasizing the child life of the following peoples: Eskimos, Desert Arabs, Hollanders, Japanese, Italians, Mexicans, South Americans, Africans, etc.

Nature Study. Begin with study of seeds, germinating beans, corn, etc.; watching and drawing successive stages. Garden work for fall; individual plots; pupils to record dates of planting, sprouting, ripening, and other details as to mode of planting, soil, etc. Study of soil: collecting and studying samples of many different kinds from gravel to humus; growing seeds in the different soils, noting results. Study of animals and birds: the horse—kinds, uses, care of; stories of horses to awaken interest in and sympathy for them; other typical local animals; some of the typical local birds; the bulletin on Humane Education of the San Diego Normal School furnishes the type of development for this phase of the work in this grade and the next two grades. In spring term renew garden work and take up the study of flowers and the pollen distributors, such as butterflies and bees.

GRADE IV.

Geography. The knowledge of maps gained in the third grade is here used in a general study of the United States. The method of graphic oral description is also used; and rapid map sketching at the board from memory is made a constant feature of the work, in order to impress, by visualization, the facts of locational geography. The states are taken up by groups, the group as a whole being studied in so far as it possesses common characteristics, as follows: Pacific states; Rocky Mountain and Basin states; East and West Central states; South Atlantic and Gulf states; Middle Atlantic states; New England states.

Nature Study. Continue the work of the third grade, but vary by planting other seeds and studying other flowers, also other animals and birds; see third grade for use of bulletin on Humane Education. For additional study take up: the cow and dairy products; stems, leaves, and roots; irrigation and fertilization of soil; useful and injurious worms and insects; observe metamorphosis of mosquito and butterfly.

GRADE V.

Geography. The year's work is devoted to a study of the southern continents and the oceanic islands. Care is taken to exclude all unimportant features and to fix firmly in the mind the location and characteristics of all those countries, cities, rivers, etc., that have assumed importance in recent national and commercial development. Attention is given to the contrast between early aboriginal life and modern life under control or direction of Europeans and Americans. As in the preceding grade, maps are 'sketched' and locational geography is vitalized and enriched by full descriptive talks by the teacher, for which such books as the following are helpful sources: Carpenter's Political and Social South America; Dunton's Africa; Kellogg's Australia and the Islands of the Sea. The order of study and subdivisions are as follows: South America—Amazon region, Brazilian highlands, Andes region, Orinoco region, La Plata region; Africa—Barbary states, Sahara and Soudan, Nile region, Congo region, South Africa; Australasia—Eastern Australia, Central and Western Australia, Tasmania, New Zealand; East Indies; Philippines; Hawaiian Islands.

Nature Study. A study of sea and land life occupies most of the year in this grade, with a briefer study of the sources and preparation of man's clothing and principal foods. The grouping is as follows: water life—celenterates (hydrozoa, coral), starfish, crustacea, fishes, whales, seals,
seaweed; studying above by means of sketches and oral descriptions, using preserved and living specimens, and using microscope with lower forms; desert life—animals, insects, and plants of the desert, and their adaptation to environment; clothing materials—method of producing the raw materials and making the finished product; food products, treated in similar manner. See bulletin on Humane Education, as previously cited, for suggestions on the study of sea and land animals above.

GRADE VI.

Geography. The study of Europe and Asia as wholes, then by units. The units of study are in most cases the political divisions. Each of these is treated according to the following: location; physiography; climate; products; occupations. The interdependence of these facts is clearly pointed out and discussed. Maps are drawn, with special reference to the indication of products.

Nature Study. Nature Study in this grade is based on physics and chemistry, illustrated by simple experiments. The units are: air—its composition and physical properties; wind—causes, kinds; water—different forms, manner of formation of each; heat—causes, effects (expansion, fusion); combustion—causes, products of combustion, respiration as related to above; machines—lever, pulley, incline, etc.; the steam and gas engines; inertia; centrifugal force; sound; light; magnetism; electricity; liquids—relative density, buoyancy, capillarity; gases—compressibility and expansive forces, relative density, the barometer, the air pump.

GRADE VII.

Geography. The United States and the rest of North America are studied in detail, with much attention to cause and effect. Detailed study of California: physiography; mountain and river systems; climate of different sections, seeking causes; desert and fertile regions; mining, agricultural, and horticultural regions, with special attention to their respective industries; counties, with approximate location; chief cities and industrial activities therein. Briefer study of the United States along similar lines, including: the remainder of the Pacific region—Oregon and Washington; the mineral region—Rocky Mountain states, Basin states; the pasture region—parts of Rocky Mountain and West Central states, Western Texas; the grain region—West Central states, East Central states; the cotton region—South Atlantic and Gulf states; the manufacturing region—Middle Atlantic states, New England states. Brief study of Alaska, Canada, Mexico, and Central America.

Nature Study. A study of the soil and the relation of vegetation thereto comprises the greater part of the year's work, according to the following: the soil—its constituents as seen in different collected specimens, causes of soil formation, fertilization, conservation of moisture, irrigation, drainage; alkali soil—its cause and cure, and the crops adapted to it; garden work in early fall and spring, to illustrate the above principles and to serve as a basis for discussing the same; cereals as special food products of the soil—geographical distribution of the important cereals, method of producing the same; local trees—names and habits of the ornamental trees on the Normal Campus and throughout the city; fruit trees of California—care of and protection from pests; forestry—chief forest trees and their uses, the national forests, varieties and habits of the Eucalyptus. Briefer study of mining and mining products, building and paving materials.

GRADE VIII.

Geography. A study of the whole world, country by country, pointing out all possible relationship with the United States. Comparative study of physiography, water-ways, fertile and arid regions, climate, products, transportation systems, occupations, and forms of government. The commercial relationship of the United States with other countries. Frequent discussion of current events in all countries where these events have any international significance. Map-work as in sixth grade.

Nature Study. (a) A study of human physiology, to cover thirty weeks: skeleton; muscles; digestion; circulation; respiration; nervous system; special senses—sight, hearing, taste, touch, smell; the hygiene of the above, with special attention to the effects of alcohol and narcotics on the system; first aids to the injured.

(b) A study of elementary astronomy, to cover ten weeks: the more fundamental ideas of the relative position and distances of the heavenly bodies; the relation of the earth to the other members of the solar system.
MUSIC AND THE MANUAL ARTS.

GRADE I.

Music. Rote singing forms the fundamental part of the first four years' work. Songs to emphasize rhythm, melody, and spontaneity, effort being made to preserve and cultivate the pure, light, unconscious tone belonging to childhood. Ear-training, developing sense of tonality and rhythm through the use of melodic phrase sung with sol-fa syllables and words. Later in the year begin simple exercises in the use of the staff to develop eye-training.

Drawing. Constructive drawing,—observation work with and the drawing of views of sphere, cube, and cylinder; pencil sketching,—outline drawings from nature and still life; cylindric perspective; color work,—recognition of colors and color charts, work from nature in flat washes; ink silhouette from nature; illustration of stories and rhymes in pencil, color, and clay; clay modeling from nature; design,—rosettes in squares and circles; picture study.

Manual Training. Raffia,—braiding and sewing mats, etc.; paper sloyd,—models requiring simplest measurements.

GRADE II.

Music. Continue work of first grade. Rote singing. Individual voice and class exercises in singing melodic phrases from dictation. Further use of the staff, showing difference of position in different keys. Use of signature.

Drawing. Constructive drawing,—observation work with and the drawing of views of the square-prism and hemisphere; pencil sketching in outline from nature and still life, using single objects; cylindric perspective; color work,—simple wash drawings from fruit, vegetables, flowers, and leaves, drawing of landscapes from memory; ink silhouette from nature; illustration of stories and rhymes in pencil, color, and clay; design,—simple repeated designs in circles and squares; clay modeling from nature; picture study.

Manual Training. Raffia,—braiding, sewing, weaving; paper sloyd,—simple models requiring no measurements less than half inch.
GRADE III.

Music. Continue song work. Individual proficiency in sight singing and rhythm practice. Take up movement involving two tones to one beat. Continue dictation. Increased attention to the development of the sense of rhythm. In this and succeeding grades much time is given to ear-training (through oral and written exercises) to develop and sharpen tone perception and to establish tone relationship.

Drawing. Constructive drawing,—study and draw views of cone and square pyramid; pencil sketching,—outline single objects and groups from nature and still life; perspective as in second grade; color work,—color sketching from nature and still life, landscapes from memory; ink silhouette and illustration work as in second grade; clay modeling from still life and nature; design,—simple repeated designs in circles, squares, and equilateral triangles; picture study.

Manual Training. Raffia,—braiding, sewing, weaving; cord work,—knotting, weaving; paper sloyd,—simple models requiring measurements not less than quarter inch.

GRADE IV.

Music. Continue song work. Exercises to develop the ability to read simple melodies at sight in any major key, to sing exercises in 2-4, 3-4, and 4-4 measure, and to sing groups of tones represented by dotted quarter and eighth notes. Exercises in two-part melodies begun.

Drawing. Constructive drawing,—study and draw views of equilateral triangular and right angled triangular prisms; continue pencil sketching, color sketching, perspective, ink silhouette, clay modeling, and illustration work as in preceding grade; design,—simple repeated designs in circles, squares, triangles, and kite shapes; picture study.

Manual Training. Raffia and cord work as in the preceding grade; wool weaving; paper sloyd as before, but requiring measurements not less than the eighth inch.

GRADE V.

Music. Continue work of fourth grade, adding exercises to develop use of chromatics. Continue rhythm, adding the dotted eighth and sixteenth and the simple forms of 6-8 measure, two beats to a measure. Two-part melodies continued. Study of some of the composers in story form.

GRADE VI.

Music. Further exercise in preceding technique. Introduce gradually all the chromatics, and give exercises in the application of syllables to any short, simple melody, from memory or dictation. Exercises in the minor mode. Three-part singing. Brief study of composers, in story form, continued.

Drawing. Constructive drawing,—prescribed and original drawing for woodwork; pencil sketching,—light and shade from nature and groups of still life; cylindric, parallel, and angular perspective; color sketching, ink wash, and illustration as in preceding grade; design,—repeated surface designs, using curves to space off back grounds, designs for book, folio and magazine covers.

Manual Training. Woodwork (for boys) as in preceding grade.

Domestic Economy. Sewing (for girls); needle sizes, thread numbers, use of thimble, method of taking a stitch; bastings, overcasting, backstitching, buttonholes, fells, darning, seams, hemming, gathering, patches, loops, cutting and machine work; making of articles, such as—sewing bag, kettle holder, sewing apron, doll clothes, etc.; darning stockings, patching worn garments; lessons on materials,—silk, cotton, wool, etc.
GRADE VII.

Music. Review and continue work of sixth grade. In rhythm pupils should be able to read all the forms found in 6-8 measure and to sing four tones to one beat. Syncopation. Brief study of composers as in preceding grades.

Drawing. Continue constructive drawing, pencil and color sketching, perspective, and illustration as in preceding grade; ink wash in three tones; design,—repeated surface designs, using curves and irregular spacings for foundation, design for book covers, folio covers, etc.

Manual Training. Woodwork (for boys) as in preceding grades.

Domestic Economy. Cooking (for girls); air in relation to life and fire; fuels, water, cleanliness; fuel foods,—starch, potato, cereals; tissue-building foods,—eggs, milk, butter, cheese; flour and flour pastes,—quick breads, yeast breads, macaroni; food in its relation to life,—body stuffs, food stuffs, diet, etc.

GRADE VIII.


Drawing. Constructive drawing, pencil and color sketching, and perspective as in preceding grades; landscape and flower composition in line and wash; design,—applied designs for surface coverings (book, folio, magazine), fans, pillows, etc.

Manual Training. Woodwork (for boys) as in preceding grades.

Domestic Economy. Cooking (for girls); tissue-building foods,—meats, composition and cooking of meats, cuts of meats, fish, food values; fuel foods,—fats and oils, cooking in fat, frying and sautéing; acid and salt supplying foods,—fruits, vegetables, soups, salads; sugar,—value as food, common sense in the use of sugar, cakes, desserts, etc.; preservation of food,—canning, jellies, action of bacteria; beverages,—coffee, tea, cocoa, chocolate.